

Cornhusker Chapter of IAAP



Calendar of Events

- Dec 8th—Chapter meeting
- Jan 12th—Chapter meeting
- Feb 9th—Chapter meeting
- March 9th—Chapter meeting
- April 13th—Chapter meeting
- April 22nd—APD Luncheon
- May 11th—Chapter meeting

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Betsy's Thoughts



As Thanksgiving approaches I decided to sit down and think about everything I have to give thanks for. Of course my family, my health, my friends, my job, and my life all made the list and I am sure that they are on everyone's list. I then started thinking about those things that you might take for granted, like your favorite song coming on the radio, technology (even though some days this is on the another list), a hot fudge sundae on a bad day, your favorite movie just starting when you turn on the television, a good book and the time to read it, or just some time to sit and relax during the holidays. I could go on but I think you get the idea.

Life is what we make it and we can complain about the economy, politics, the weather, or the refs call in the last football game or we can except life isn't perfect and enjoy it anyway. Becoming a Member of Excellence or a Chapter of Excellence is the same. We

can choose to challenge ourselves to achieve this honor or we can sit back and talk ourselves out of even trying. Someone once told me that, "*Trying is just an excuse to fail*" (honestly I can't remember who did, but if your reading this then thank you).

So as the holidays approach take a moment to look at the criteria for the Member of Excellence and see what you have achieved and what you can strive to achieve in the upcoming months. And always I give thanks for the wonderful, intelligent, motivating women and men I have met through IAAP, without you I would not be the person I am today and for that I thank you.

Happy Holidays to all!!

From my desk to yours,

Betsy Resh CPS/CAP

Cornhusker Chapter President



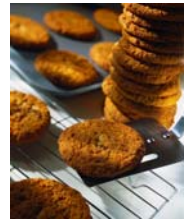
News



December 8, 2008—Holiday Party Time!

This is a busy, hustle-bustle time of year. Too much to do and not enough time to do it in! Yet, I'm reminded that the joy and good cheer of the season comes when I'm spending time with family and friends. So plan to come to our December holiday party where you'll have a relaxing evening of fine food, good friends and plenty of cheer!

We'll start with a cookie exchange, which works like this: bring a dozen home-baked cookies and you'll take home a dozen cookies! Eileen's cookie dough makes great cookies, or bring your favorite recipe. This is a way to share something of yourself with the rest of the group. We'll encourage you to sample them all, so the more that participate the merrier!



Then we'll enjoy our meal, including your choice of: **8 oz. Top Sirloin Steak**, hand-rubbed with steak seasonings and broiled to perfection, or **8 oz. Stuffed Salmon**, stuffed with crab meat stuffing, broiled and prepared with lemon, olive oil and dill sauce. The meal will also include salad, rice, beverages and a to-die-for dessert buffet with a Greek twist!

There is no speaker planned, and a short business session will conclude the meeting. We plan to be done by 7:30 at the latest. There will be plenty of fun and laughs along the way, so make sure you plan to take a short respite from your holiday activities to attend the meeting on December 8th at the Parthenon Restaurant, 5500 So. 56th, at 5:30 p.m.

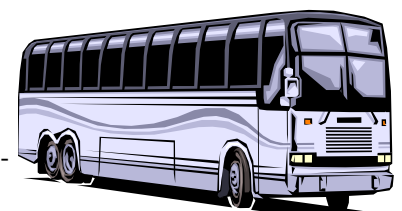
Salvation Army—Angel Tree

Once again this year, members have the option to participate in the Salvation Army Angel Tree program thanks to Susan Martens CPS. This program gives the members an opportunity to buy a toy for a boy or girl ranging in age from 1 to 14. The Angel Tree tags were handed out at the November Chapter meeting and all toys should be brought to the December Meeting unwrapped. Susan will deliver them for us to the Salvation Army along with her work donations. The Cornhusker Chapter has been involved in the Angel Tree for 10 plus years and it is a great tradition that we bring back each and every year. Thank you Susan for taking charge of the Angel Tree donations again this year. If you missed getting your Angel Tree tag and would like to donate a toy, please contact Susan at susan.martens@nreca.coop.



2009 Road Trip to Minneapolis

As you may have heard or seen the email, The Great Plains Chapter is sponsoring a chartered bus to take members to the 2009 International Convention and Education Forum in Minneapolis, MN. The bus is climate controlled, complete with CD/DVD and a PA system. The bus will make four stops to pick up members—Lincoln, Omaha, Des Moines, and Ames. Please read more information on the 2009 Road Trip to Minneapolis on page 7 of this newsletter. If you have any questions, please contact Barbara Abrahamsen CPS at barb.abrahamsen@bcbsne.com.



Committee Updates

APW / Ways & Means— (Chair: Teresa Greve)

APW...

The APD Team is excited to announce the following [key-note speaker](#) has been approved by the Cornhusker Chapter IAAP Board.

**Jeanne Baer, President – Creative Training Solutions
Lincoln, Nebraska**

"I'm Perfect, You're Annoying"

We'd like to lower our stress, but how can we, when we're surrounded with people who aren't *nearly* as perfect as we are?! We were initially attracted to them, but now they seem *really* annoying. Participants laugh and get some important insights at this presentation, as they discover how the people who drive them the most crazy can also make their life pretty terrific.

Two [mini-session presenters](#) have been approved by the Cornhusker Chapter IAAP Board. The APD Team is in the process of contacting additional presenters to finalize the three mini-session presenters.

**Tracie Foreman – Lincoln Area Agency on Aging –
Lincoln, Nebraska**

Tracie is back by popular demand! She did two of our mini-sessions last year and is available to present for us this year too. At this time her topic is in the process of being determined. She has lots of topics she can do a session on and can adjust them to fit the audience.

Cheryl Stevens – Papillion, NE

Cheryl was diagnosed with breast cancer in March of 2006, Cheryl Stevens, a resident of Papillion, Nebraska overcame her own fear of cancer with an irrepressible attitude and a decision to celebrate life with humor and joy.

In 2006, Cheryl, a self-described over-focused control freak was working as an accountant at first National Bank, teaching evening accounting courses at Metro Community College and taking MBA classes through Chadron State College. Then she was diagnosed with breast cancer and her world changed forever. As chemotherapy and the prospect of losing her hair loomed, Cheryl was thrown a Hat Shower, and the fun began: shark hats, frog hats, Viking hats, pig hats, flamingo hats and more; the zanier the better. Cheryl made each chemo day a party. A friend of hers stated, "Cheryl, you are the only person I know who has fun at chemo!"

Now cancer-free, Cheryl continues making monthly visits to patients at an Omaha cancer center, spreading her own brand of humor and optimism. Cheryl has been featured by two news stations in Omaha, in October 2006 and a year later in

October 2007. Cheryl Stevens invites us all to "Grab your hat and hang on for the blessings".

Ways & Means ...

Way to Go IAAP Members! We reached our goal of increasing last year's total raised by over 20.09%! We raised \$145.25! Thank you to everyone for taking part in this fund raiser!

It's getting close to holiday baking time!!! The Eileen's Cookie Dough fundraiser is currently going strong! Be sure and return your orders and money to Marlene Linderman by November 30th. She will be turning in the cookie dough orders and money into Eileen's on December 1st. Checks are to be made payable to *Cornhusker Chapter IAAP*. Just a little change this year – that being, cookie dough orders are to be PICKED UP BY THE SELLER on December 6th.

Bylaws— (Chair: Shannon Stamler) no report.

Newsletter / Website— (Chair: Heather Swartz) If you have an article idea or tips you would like to share for the newsletter, please submit these to Heather Swartz by the 15th of each month at heather68504@yahoo.com.

Publicity / Community Service— (Chair: open) We are planning to have the Angel Tree donations again this year, thanks to Susan Martens. She will bring the tags to the November meeting and then you bring your unwrapped gift to the December meeting. This is a great opportunity to make sure a young one gets a present this holiday season.

Membership— (Chair: Lisa Downing) The bulletin board has been resurrected! ~ *WOOHOO!* ~ Any comments, concerns, suggestions to it's content are welcome.

Program / Dinner— (Chair: Karen Morten) The **December** meeting will be at the [Parthenon](#) on 5500 South 56th St. Please look at page 2 for more details on the Holiday party.

CPS / CAP Certification— (Chair: Betsy Resh)

If anyone is considering taking the exam in May and would like a study group, please contact Betsy Resh at bresh@hws.com. May 1-2, 2009 marks the spring exam time. Registration will be due February 15, 2009. Deadline for the scholarship will be January 2, 2009.

December 2008

S	M	T	W	T	Fr	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2009

S	M	T	W	T	Fr	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Calendar of Events

December 1—Noon Board meeting

December 6—Pick up Eileen Cookie Dough orders and deliver them.

December 8—Holiday party at The Parthenon at 5500 South 56th Street — *More details to come!*

January 5—Noon Board meeting

January 12— Chapter meeting at Madonna (5401 South Street)

February 9—Chapter meeting at HyVee (50th and O Street)

March 9—Chapter meeting at Madonna (5401 South Street)

April 13—Chapter meeting

April 22—Administrative Professional Day Luncheon at HiMark Golf Course at 8901 Augusta Dr. (89th Street between Pioneers and Old Cheney).

May 11—Chapter meeting

June 8—Chapter meeting



SCC Student Chapter Update

The student chapter is trying to find a good meeting time, and we are excited about three new members joining. We have a lost a lot to graduation; and even though they can keep there student memberships until they run out, it's hard for students to stay involved once they get out and get a job. A few of our members (they actually happen to be all our new members!) are going to attend a one-night workshop sponsored by the Continuing Ed. Department and the Entrepre-

neurship Center here at SCC. They will go to that next Thursday night-- Karen Lay is going to attend also.

I am hoping to go to the one offered in December with a few more students. It might be a fun thing for some of the professional chapter members also. They are called "Wise Women Workshops" and the Center has been offering them once a month this fall. The December one is to be held Tuesday, Dec. 2, from 7-9 p.m. at the Continuing Ed. Center and the

cost is \$19. The topic is: "Project WILL--Women in Life and Leadership." The class will have tips on stress management, motivation, communication and more.

The student chapter will once again be involved in the all-campus food drive that will be starting soon. We work on that project with a couple of other student groups here on campus and has become one of our community projects.

Thanks. *Janelle Lamb, SCC*

Tip for the Month

2007 Microsoft Word Tips

- Placing your cursor anywhere in the top ribbon and using the wheel on your mouse will move you from tab to tab.
- There is a zoom slider on the bottom right of the screen!
- If you click in a sentence the press Ctrl + click of the mouse you will select one entire sentence in a paragraph.
- Setting up Styles in Outline View w/bullets will keep formatting consistent and also make pdf's easier to navigate as it automatically sets it up for you.
- To download a fee compatibility link for anyone who doesn't have 2007 but needs to read 2007 documents go to Google & type in "Microsoft Compatibility Tool Pack"
- The "x" on the new extension is for XML = Extensive Market Language
- .docm documents have macros, .docx do not have macros.
- To get the Acrobat Tab in the ribbon, you need to update to the 2008 or 2009 version.
- Doing a "file, save-as pdf" links the document to Adobe.
- To print a screen shot - or email it, hit "Alt+Print Scrn" then paste.
- 2007 files when saved are smaller in size than 2003.
- Smart Art is cool! Lots of options that is easy and fun to use.
- Tabs-- The button on the left side of the ruler has all the tab option settings. Just click until you get the option you want.
- If you need leaders, double-click on the tab setting in the ruler and use the options.
- When using a list - a "soft return" (Shift+enter) will stop a new number to appearing.
- To get a level back, hit Shift+Tab.
- To get a full sheet of 5160 Avery labels, open a new document, go to Mailings tab, pick the 5160, then hit "new document".

Thank you Peggy Six for taking such great notes at the November chapter meeting.

Do you have any tips you would like to share, email Heather with your tips at heather68504@yahoo.com.



Fundraiser's continued (from page 3)

Fundraisers—

OurGV website—www.ourgvmall.com/iaap

Shop Year Round



We are currently a Deluxe Non-Profit member which means we pay a monthly \$10 fee and we will make 80% of the rebates from the OurGV shopping mall. SO get out there and make a difference with your online shopping. New stores are added daily. Remember to make one more click before shopping online for your holiday gifts. www.ourgvmall.com/iaap

Current Fundraiser—

Shop Year Round

You can help us reach our goal simply by ordering online from Current Fundraiser. It's easy to do, you can choose from lots of fun and practical products, and 50% of your total purchase goes directly to my fundraising group!

Just follow these easy steps:

Log on to the Internet at: <http://www.currentfun.com>

Shop to your heart's content. You can choose from loads of reasonably priced cards, gift-wrap, gifts, candy and treats, even popular magazine subscriptions. Look for special fundraiser Internet offers, too.

When you check out, select:

State: Nebraska

Organization:

IAAP - Cornhusker Chapter

Submit your secure order (using your credit card for payment). Your purchase will be shipped directly to you.

Enjoy your top-quality Current products, while you help my chapter meet our fundraising goal!

Thanks for helping! —

2009 International Convention and Education Forum

Preliminary Information

2009 International Convention and Education Forum

Minneapolis Convention Center

Minneapolis, MN

July 26-29, 2009

http://www.iaap-hq.org/Convention_09/index.htm

COST

Registration will open in early April 2009.

Full convention registration fees will range from \$495 to \$525 for early bird member rates.

Hotels and room rate information (hotel room rates do not include applicable taxes):

Hilton Minneapolis-- Headquarter Hotel

\$185/night, single/double
triple/quad @ \$20 per person

Minneapolis Marriott City Center

\$178/night, single/double/triple/quad

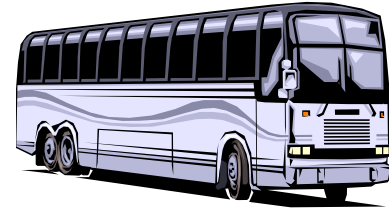
Hyatt Regency Minneapolis

\$178/night, single/double
\$203/night, triple/quad

Millennium Hotel Minneapolis

\$179/night, single
\$189/night, double
\$199/night, triple
\$209/night, quad

2009 Road Trip to Minneapolis



Proposed Itinerary:

1. Leave Lincoln at 7:30 a.m. on Friday, July 24, 2009, headed to Omaha.
2. Arrive in Omaha at approximately 8:30, load passengers, head to Des Moines by 9:00.
3. Arrive in Des Moines at approximately 11:30 for lunch and then load passengers, head to Ames by 1:00. The price of lunch is not included in the trip fee.
4. Arrive in Ames at approximately 1:30, load passengers, head to Minneapolis by 2:00.
5. Arrive in Minneapolis at approximately 5:30 pm.
6. Leave Minneapolis at 8:00 a.m. on Friday, July 31.

Join us on a fabulous bus trip to the 2009 International Convention and Education Forum. Ride in the comfort of a climate controlled bus, complete with CD/DVD and PA. Relax and enjoy the trip and leave the driving to someone else!

Cost:

Registration before January 15	\$179.00 round trip
Registration after January 15	\$199.00 round trip

Fee includes round trip coach, driver tip and other charges.

Non-refundable deposit of \$25.00 due at time of registration.

Payment in full due by April 30, 2009.

(Registrations are transferable to other IAAP members.)

(Prices based on 50 riders.)

Sponsored by The Great Plains Chapter

For more information, contact Barbara Abrahamsen CPS at
barb.abrahamsen@bcbsne.com

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IMPORTANT INFORMATION FROM IAAP

Dues/Reinstatement Notice

If a member does not renew their membership prior to their anniversary date, a \$15 processing fee must be included with the member's dues.

The IAAP guidelines indicate that a member who has forfeited membership for any reason and wishes to reinstate within the next two years may do so by paying the appropriate amount, which includes the current year's dues and the \$15 processing fee.

Please be sure to submit your dues renewal prior to the due date in order to avoid incurring the additional \$15 fee.

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